



Your Baby + Our Doctors

The Perfect Partnership



In Partnership With



Your Care Team

From early pregnancy to your baby's first doctor's visit, our team provides care at every stage of your pregnancy.

Before Your Baby Arrives

Your prenatal visits at Harrison County Community Hospital (HCCH) include:

- Help with making a birth plan
- Lab work
- Medication and vitamin recommendations
- Specialized care for high-risk pregnancies

Welcoming Your Baby

In the final weeks of your pregnancy, HCCH transfers your care to a Meritas Health obstetrician. You will deliver at North Kansas City Hospital. NKCH offers:

- Comfortable birthing rooms
- Many pain management options
- Nurses who are specially trained in caring for babies born as early as 28 weeks
- A partnership with Children's Mercy Hospital

After Your Baby Arrives

Before you leave the hospital, you receive help with:

- Lactation and breastfeeding
- Caring for yourself and your baby at home
- Scheduling your baby's first doctor's appointment

After you leave the hospital, HCCH resumes caring for you and your baby.



Your Pregnancy To-Do List

32 weeks

Your due date is just around the corner! Pack your bag now so you're ready to go. Here's what to bring:

For You

- Confirm your insurance plan is accepted at NKCH and MH (nkch.org/Insurance)
- Bathrobe, nightgowns, slippers and socks
- Bras (nursing or regular)
- Breast pump (to learn how to use it properly before discharged)
- Camera (with extra batteries and a charger)
- Cell phone and charger
- Comfortable shoes to wear home
- Contacts and eyeglasses, if you wear them
- Contact information for family and friends
- Driver's license (or other picture ID), insurance card, hospital paperwork
- Going-home outfit (something that fit when you were 4-5 months pregnant)
- Makeup
- Maternity underpants (several pairs)
- Pillows
- Sanitary pads
- Snacks
- Something to read or watch
- Toiletries (shampoo, toothpaste, toothbrush, lip balm, deodorant, comb and brush)

For Baby

- Car seat
- Diapers
- Going-home outfit
- Heavier blanket, depending on the weather
- Receiving blanket
- Sweater and cap, depending on the weather

When you arrive to deliver your baby,

check in at Inpatient Admitting, 1st Floor Pavilion Lobby, 7 a.m.-9 p.m., Monday-Friday.

On Saturday, Sunday and weekday nights after 9 p.m., please check in at the Emergency Room.





(Provides care during early pregnancy until the last few weeks of pregnancy, and after the baby arrives.)

Medical Clinic
 3202 Miller St. | Bethany, MO 64424
 660.425.3154
 660.425.6663 (fax)
 Mon.-Fri., 7 a.m.-5 p.m.

Your HCCH Care Team
 Kimberly Baker, MD
 Zachery Mahler, MD
 Ashley Harding, FNP-C

HCCH accepts most major insurance plans, Medicaid and Medicare. It also offers a sliding fee discount based upon income and family size. Discounts are based on the most recent Federal Poverty Guidelines and may be available regardless of insured status. HCCH will not deny access to service regardless of a patient's ability to pay.

hcchospital.org

Preregister

Visiting with our Maternity Admission Nurse in the weeks before you deliver will help your special day go as smoothly as possible.

What to Do

When you are 32-34 weeks pregnant, schedule a visit with the Maternity Admission Nurse by calling 816.691.5180.

During your one-hour visit, the nurse will:

- Discuss the admitting process and consent forms.
- Find resources that apply to your personal situation.
- Give you a tour of the Maternal Child Unit.
- Share information about pain management options, newborn medications, and safety policies.
- Review your health history.
- Discuss your plans, wishes and concerns related to your delivery.

In Partnership With



Main Campus
 2800 Clay Edwards Dr.
 Kansas City, MO 64116
 816.691.2000

Meritas Health Pavilion for Women
 2790 Clay Edwards Dr., Ste. 530
 North Kansas City, Missouri 64116
 816.452.3300

Meritas Health Obstetrics & Gynecology
 2790 Clay Edwards Dr., Ste. 1200
 North Kansas City, Missouri 64116
 816.468.7800

Meritas Health Pediatrics
 2700 Clay Edwards Dr., Ste. 500
 North Kansas City, Missouri 64116
 816.421.4115

North Kansas City Hospital and Meritas Health provide an obstetrician who delivers at North Kansas City Hospital. Please confirm your insurance plan is accepted at NKCH and MH by checking nkch.org/Insurance.

nkch.org

Classes

Explore NKCH's free pregnancy and childbirth classes.

nkch.org/Class

Tours

Take a virtual tour of NKCH's maternity areas.

nkch.org/Tour

Download the NKCH Moments App

Get information, support and tools for every stage of your pregnancy.

Get Started

Step 1: Register at nkch.org/Moments.

Step 2: Download the app after you register. Scan the QR code or search your app store for "Yomingo."

